



# Vitamin D3 10,000 IU Liquid

A Dietary Supplement

A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.\*

○ **New research suggests that it may support immune system function by supporting healthy cell growth.\***

○ **Supports:**

- Bone Health\*
- Calcium Balance\*
- Cardiovascular Function\*
- Healthy Cell Growth\*
- Immune System Modulation\*

○ **About Vitamin D:**

- Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

○ **Calcium Balance:**

- Maintenance of serum calcium levels within a normal range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

○ **Cardiovascular Support:**

- Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges.\* Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function\*

○ **Cell Differentiation:**

- Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.\*

○ **Immunity:**

- Vitamin D is an immune system modulator to support healthy T Cell and macrophage responses.\*

## Supplement Facts

### Serving Size 1 ml

### Amount Per Serving

Calories	10
Calories from Fat	10
Total Fat	1 g
Vitamin D3 (as cholecalciferol)	10,000 IU

Other ingredients: sunflower oil, natural orange flavor, Vitamin E (as mixed tocopherols), rosmarinic acid.

**Warning:** Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1/2-1 ml daily, or as directed by your healthcare practitioner. Shake vigorously before each use.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.